

April 2017

Volunteer Opportunities



Race for the Cure

Between now and May 13th (Race Day)

Organizing Race activities and communications to prepare for race and on race day. Contact Cindy Hewitt at 641-684-2585 or chewitt@orhc.com

Victory Ranch, Inc.

Flexible hours, various days and times, The Equine Program, their primary program, is based on the concept of work before play. Each participant is expected to do some piece of work before they can ride, helping to instill a sense of accomplishment and a sense of their own personal value in caring for the ranch. 641-799-8347, info@victoryranchiowa.org.

Habitat for Humanity

Every Saturday-Habitat for Humanity is looking for volunteers to help with their newest Ottumwa project. Contact Peg Lazio, Volunteer Coordinator, for more information (peg@lazio.org).

Heartland Pregnancy Center

Monday-Thursday, 12 pm – 5 pm-101 S. Market St. Suite 302, Ottumwa. Contact Becky Dalrymple, Director, during normal business hours at 641-683-3030. Both clinical and non-clinical help is needed.

Ezra Free Health Clinic

Tuesdays, 6:00 pm – 8:30 pm-Information can be obtained by calling The Bridge Church office at 641-682-9260. Both clinical and non-clinical help is needed.

Acute Rehab Unit

Various days and times, ARU is looking for volunteers to perform various activities; Call Bingo, play piano, lead group activities, etc. Contact Veronica Pickrell, Nurse Manager, at ext 2209 for further details.

Southern Iowa Food Bank

Monday – Thursday 8:30 am – 4:00 pm and Friday, 8:30 am – 12:00 pm

225 South Benton Street, Neil Abbott, 641-682-3403
The food bank is looking for help sorting food from community food drives and filling backpacks for local children.

Heartland Humane Society

Flexible hours, anytime Tuesday – Saturday, 1:30 pm – 4:30 pm 314 Fox Sauk Road, 641-682-1228

Wapello County Historical Society

Various days and times-They are looking for volunteers to paint, dust, reorganize and set up displays. 210 West Main Street, Ottumwa, IA 52501 Phone, 641-682-8676

Blessings Soup Kitchen

Monday-Friday, 10:00 am – 2:00 pm, 228 East Main Street (facing the Bridge View Center), Sheri Locke, 641-777-7997

Goodwill Industries

Flexible; they will work with your schedule

Fairfield: 2005 West Burlington Avenue, (641) 469-3085

Oskaloosa: Penn Central Mall, 200 High Avenue West, (641) 673-3929

Ottumwa: 854 N Quincy Ave, (641) 682-4704

Mississippi Valley Regional Blood Center

Monday-Wednesday, 1:00 pm – 6:30 pm and Friday, 8:00 am – 1:00 pm -1007 Pennsylvania Avenue, Courtney Jones (641) 682-8149

Please call for an appointment. You do not have to wait for a blood drive as they are always in need.

Hospital Auxiliary/Occasions Gift Shop

Flexible hours, anytime Monday – Friday, 8:00 am – 7:00 pm Contact Lisa Van Klavern at 641-684-2350, LVanKlavern@orhc.com

Active Ottumwa PAL

Flexible hours, anytime Do you want to help make a difference in the health of Ottumwa? We are recruiting Physical Activity Leaders (PAL's) who will be at the center of the Active Ottumwa Project. PAL's will work as leaders within groups (schools, churches, walking and exercise groups) and also within their circles of friends and acquaintances to carry out project activities. The PRC will train and support PAL's to adapt and deliver recommended strategies. Contact Beth Peyton at 641-684-2498 or bpeyton@orhc.com if you would like to be a PAL's leader today! Also include the activity you'd like to help with (walking, biking, hiking, yoga, etc.)