

Alyssa Aljets, RN for ICU, is shown from the chest up, smiling warmly. She has long, straight blonde hair and is wearing a white hoodie. The background is dark with out-of-focus colorful lights, possibly from a Christmas tree or festive decorations. The text "RN for ICU" is overlaid in white, bold, sans-serif font on the left side of the image.

RN for ICU

Alyssa Aljets

About eleven years ago Alyssa Aljets started her journey at ORHC when she was given a scholarship that helped towards her education. She started in med surg as a RN, and for the last three years has been in the ICU.

A typical day for Alyssa is managing three to five patients depending on the day. She distributes medicine, assesses the patient, takes them to any tests that may be needed, and makes calls to inform the doctors of patient's condition.

"I see patients as my family members in that bed. If it was my family member I would advocate for them, and that's exactly what I try to do for my patients," Alyssa explained. "Before my shift starts I pray for the patients I will be helping that day."

Carol Storto ICU Nurse Manager said, "Aly is one of the hardest workers I know. Her patients do not complain about their care because she goes above and beyond to make them comfortable."

Alyssa has a positive impact on ORHC patients because of her upbeat personality and her smile. She shows compassion to the patients by making the experience personal and not overwhelming. "I work really hard to have good communication with the patient and their family. I want to make sure they understand what is going on," Alyssa said. "Aly always comes in with a good attitude which in turn, boosts the attitude of others. If she sees one of her coworkers having a bad day, she is there to lend them an extra hand. She finds the positive in every situation," described Carol.

"My department gets to touch so many people. We help patients from cath lab, med surg, and others that are critically ill," Alyssa said. "You can't do all this without teamwork. It is a team effort all around here at ORHC. I couldn't do my job without everyone in the hospital doing theirs."

Every two years Alyssa keeps her skills current with the ACLS, BLS, and the CEU's every three years. She also attends conferences inside her field.

ORHC is glad to be the place Alyssa has built her expertise.