

## *"All the people* I encountered were actually there because they wanted to help, and *they loved* what they did..."

## - Timothy Sandeen

Tim Sandeen is a big man with a big heart, who lives life in a big way. He and four generations of his family live on the farm that his grandparents purchased in 1948. Tim has a passion for raising cattle, coyote hunting, and baseball.

All this came to a halt on March 1st, when he was diagnosed with massive blood clots in both lungs. He thought he was on the road to recovery when the unexpected happened. On March 28 he was admitted to Ottumwa Regional Intensive Care Unit (ICU), where he stayed for a week for kidney failure.

"The nursing care was very good! They all treated me so well. They made sure to help me with anything that I might have needed," Tim said. "Everyone reminded me that I was blessed." During his stay in the ARU he received three hours a day of both physical and occupational therapy. "I think occupational and physical therapy is phenomenal. I didn't know it existed before now. I see what it did for me, and it truly changes lives!"

After Tim's care was complete at the hospital, he continued his care with Ottumwa home health care. "I came out of the hospital knowing if I didn't get this home care my chances of recovering 100% were slim to none. It's unbelievable the progress I've made," Tim said.

During Tim's time in the hospital, Dr. Ahmed was his provider. "Dr. Ahmed would come in and talk to me every night. He's a personable doctor. He made so much of difference for my health," Tim explained. "They were great at keeping my wife Rhonda informed. They broke it down for her so she could break it down for everyone else."

Once in a stable condition, Tim then spent two weeks in the Acute Rehabilitation Unit (ARU). "My therapist Lori was extremely good to me. She fought to make sure I was

always taken care of," Tim shared.

"Tim was willing to do it and put in the hard work and get better," said Trina, Tim's Occupational Therapist during his home care. "He doubled what the average person conquers in a shorter time period."

Tim's kidneys went from failing to now functioning at 100%. "The success I have had makes the great care I received even more apparent!" Tim exclaimed.

"All the people I encountered were actually there because they wanted to help, and they loved what they did rather than it just being something they get paid to do," Tim stated. "I feel bless with an awesome support system of family and friends, who put their prayers to work. Those prayers sent several angels to take care of me while at ORHC."





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