

*Fulfilling Practice.  
Rewarding Personal Life.*



*Find Your  
Balance  
at*



OTTUMWA  
REGIONAL  
HEALTH CENTER

# Southeast Iowa's Hub of Healthcare

Ottumwa Regional Health Center has provided medical care to the residents of Southeast Iowa and Northern Missouri for 125 years. We are a 217 bed, regional referral center. Our high quality medical staff, many of whom are board-certified, offer a range of services representing thirty specialty areas of medicine.

- Acute Inpatient Rehabilitation
- Behavioral Health Unit
- McCreery Cancer Center
- Cardiac Care & Rehabilitation
- Emergency Services
- Hospitalists Program
- Imaging Services
- Infusion Center
- Inpatient Dialysis
- Laboratory Services
- Occupational Health
- Orthopedics
- Outpatient Rehabilitation
- Ottumwa Health Group
- Pediatric Unit
- Surgical Services
- Sleep Lab
- Urology, Urologic Oncology
- Women & Family Center
- Wound Care

## OUR PROMISE

Ottumwa Regional Health Center is dedicated to treating everyone like family, providing the peace of mind that comes from receiving extraordinary care close to home.

## OUR MISSION

Ottumwa Regional Health Center is a regional hospital committed to providing exceptional care in a compassionate manner to you and your family.



# Commitment to Technology

At ORHC, we know having advanced technology at your fingertips helps to ensure high quality patient care and safety. Some recent technology investments include:

- daVinci Robotic Surgery Program
- Digital Breast Tomosynthesis (DBT) or 3D Mammography
- eICU with Avera eCare Technology
- Integrated EMR, e-prescribing, PACS
- Cath Lab Renovation (2019)



## Provider Perspective

I just want to focus on the patients and Ottumwa is a great place to do this. We have great tools in the ER that allow us to deliver the best care. Ottumwa has helped to grow my leadership skills as well.

I work 12 hour shifts and usually see between 20-25 patients a day. I will see anyone from newborn to elderly and a large range of conditions. I enjoy the variety, it helps me to stay up to date on the medical literature.

I love living in a rural area as the pace of life is more intentional and relaxed, Ottumwa is a great place to raise a family. I enjoy staying active and being in the outdoors. It is fun getting to be a part of the community and feeling a sense of belonging that I don't think can be matched in a larger city.



Ryan Van Maanen, DO  
Emergency Medicine

# Community

Ottumwa, Iowa  
Population City: 25,000  
Service Area: 125,000

Ottumwa is proud to be a family friendly community offering a low cost of living balanced with many opportunities for recreation, historical and cultural attractions.

We are known as the “City of Bridges” not only because we are located on both sides of the Des Moines River, but because we are a community that knows how to work together to make Ottumwa a great place to live and work.

With a variety of historical attractions, cultural resources, and recreational opportunities, we never have a shortage of things to do. Movie theaters and a mall will satisfy your entertainment and shopping needs. You can take a stroll or bike along the levee trail, fish from the banks or enjoy a boating excursion.

Ottumwa Community Schools and Cardinal Community Schools provide preschool through 12<sup>th</sup> grade education. The community also offers private and religious instruction options.

Community events occur almost every day throughout the year. There is something for everyone, including the Pro-Balloon Race, Oktoberfest, Ottumwa Saddle Club, Spoke Folk Bike Club, Ottumwa Symphony Orchestra, the Children's Theater and much, much more.

## Distance to major cities

Des Moines: 90 Miles  
Iowa City: 90 Miles  
Kansas City: 222 Miles  
St. Louis: 277 Miles  
Chicago: 286 Miles  
Minneapolis: 325 Miles

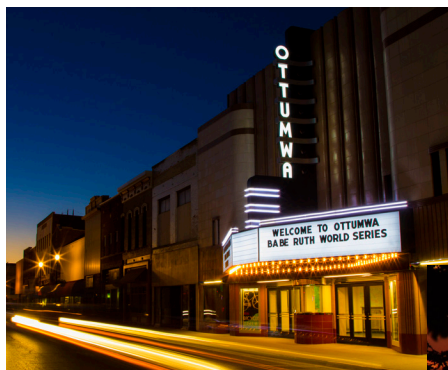
If you are looking to change things up for a weekend urban experience, Ottumwa is within just a few hours of several major metropolitan areas.





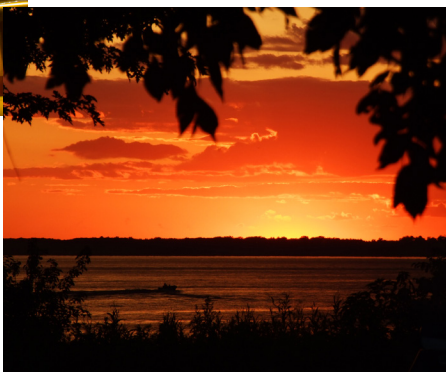
The **Bridge View Center** offers a state of the art performing arts theater attracting national caliber shows and entertainment.

The **Beach Aquatic Center** offers both indoor and outdoor pools, slides and wave pools providing fun for all ages.



The beautifully renovated **Downtown Ottumwa** will surprise and delight with unique restaurants and shopping.

**Outdoor Recreation** options abound! Lake Wapello State Park offers 1,150 acres of beautiful wooded hillsides and a lake to boat, fish, swim, hike, and cross country ski. Rathbun Lake offers excellent camping, fishing, and boating with several marinas around the 11,000 acres of lake. Honey Creek Resort on the lake features many amenities including an indoor water park, Rathbun Lakeshore Grille restaurant and 18-hole championship golf course.



# Perspective From Our Providers



Joyce Chouinard, ARNP, FNP-C  
EasyCare Walk-In Clinic

“Growing up in Iowa was wonderful and I wanted that for my children. People are friendly, you know your neighbors and the schools are great.

I love working as a nurse practitioner. I work at a walk in clinic and unlike some commercial retail clinics that follow a strict formulary for care, here at ORHC I am not bound by those restrictions. I have much more autonomy in regards to which conditions are treated and how, along with some health promotion care. I really enjoy this freedom to provide a wide variety of care.”



Nathan Nicholson, MD  
Orthopedic & Reconstructive Surgery

“The marketing support ORHC provided has helped my practice grow quickly. Right away I was able to give community education presentations to meet potential patients. The Growth & Outreach team introduced me to other area medical professionals and I have developed positive relationships so they know they can trust me to provide specialty care for their patients. As a result of these efforts and the quality of care we provide, I have a full clinic schedule and robust surgical practice in just a few months of starting my practice.”





Brandy Jean Simon, MD  
Women's Health Clinic

"During the recruitment process communication with the administrative team was easy and everyone responded to my questions quickly. The whole process was thorough and transparent. I felt like they structured the employment offer to fit my unique needs."

### Ottumwa Regional Health Center

offers an **excellent employment package** that includes:

- Competitive salary & incentive compensation
- Sign-on bonus
- Relocation allowance
- CME allowance
- Marketing support
- Generous student loan repayment assistance & stipend while you complete training
- Health, retirement & vacation benefits package
- Paid malpractice coverage

**Ottumwa Welcome & Connect** service will guide you through your transition to Ottumwa and help you become a part of our community.

We also help with relocation by assisting with finding housing, trailing spouse assistance, and providing "must-have" information about Ottumwa.

One major struggle people have when relocating to a new community is not feeling connected to it. Ottumwa's Welcome & Connect service has put together a series of interactive, social gatherings called "Engage" designed to help you make meaningful friendships, experience Ottumwa dining options, and putting you in locations that you may not have visited all while teaching you about our city. We will introduce you to information on Ottumwa and how to make the most of your time here. Topics will include information on Ottumwa's History, Recreation, Economics, Arts and Culture. "Engage" meets once a week over a series of five weeks.

*Photo by: Margit Trautmann-Bown*





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## Interested in learning more about Ottumwa Regional Health Center?

Contact:

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