

A Story of Survival



“You can have a good outcome if it’s caught early enough.”

—Mona Nichols

Mona Nichols world flipped upside down when she was diagnosed with Stage 2 Breast Cancer in June of 2016. Mona had an itch in the middle of the night, that led to her finding a knot on her breast. She had a biopsy and surgery to remove the lump. While in surgery, the doctors found that the breast cancer was also in some lymph nodes. “I was in denial. I couldn’t get it through my head that I really had cancer,” Nichols explained. “I saw it as just another thing I was going to get through.”

Mona received radiation therapy at ORHC’s McCreery Cancer Center five days a week, for seven weeks. “If you need radiation, ORHC is the place to do it because of the convenience and the people,” shared Nichols. The nurses and radiologists tended to her daily, and her doctor would come in every Wednesday to do a checkup. “The nurses made it simple. They would turn music on for me to listen too. They were so nice and pleasant, and I couldn’t have asked for better nursing care,” said Mona.

In the past, Mona faithfully received her annual mammogram. “The cancer had grown quite a bit, and I had only missed one year and they found cancer the next year,” she explained. “There are too many women who don’t get mammograms. Everyone needs to see the importance of a mammogram. Don’t miss out on your screening! You can have a good outcome if it’s caught early enough,” Mona advises.

In June 2017, Mona’s mammogram and ultrasound was clear. She is officially a cancer survivor. “It’s hard to believe I am now a cancer survivor. It is wonderful!” she exclaimed. Because of Mona’s battle with breast cancer her new perspective on life is to live every day to the fullest. “Keep your head up high, and never give up,” Mona says to the people battling breast cancer currently. ORHC is honored to be a part of Mona’s survivor story.

If you are a woman over 40, call today to schedule an appointment

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