

Thank you for considering Ottumwa Regional Health Center Acute Rehab Unit (ARU). We are dedicated to the treatment and recovery of people who have experienced the debilitating effects of an acute injury or illness. Ottumwa Regional Health Center ARU is the only ARU within a 75 mile radius of Ottumwa.

Ottumwa Regional Health Center ARU offers specialized treatment programs for patients recovering from stroke, brain injury, neurological conditions, trauma, spinal cord injury, amputation and orthopedic injury. In addition to our rehabilitation programs, we provide many additional services and amenities that make our patients' stay with us both enjoyable and productive.

Rehabilitation programs are centered around the individual needs of each patient to improve health, function and quality of life. Everyone at Ottumwa Regional Health Center is focused on helping you achieve the best recovery possible.

Sincerely,

Jashim Ahmed, MD

Acute Rehab Unit Medical Director