



Jim and Mable Headley Care Testimonial

Jim and Mable Headley have had care at Ottumwa Regional Health Center a number of times over the past few years, beginning with a surgery in 2012. The couple knew they were both going to need knee replacements so they talked with orthopedic surgeon Dr. Scott and they planned to have one surgery each year for four consecutive years. This smart planning allowed Jim and Mable to help each other through surgery and recovery.

“We stayed in the hospital for three days each time,” recalls Jim. “When the staff put on the machine that helped exercise Mable’s knee, I watched carefully so I would be able to help take it off and on to be sure Mable was getting the right exercise to help her recover quickly. The nurses said how much they appreciated my help. I would joke with the staff at shift change that they should warn the next shift about how mean we are. The staff just laughed with us and were very caring and kind.”

By 2015 both Mable and Jim were recovered from successful knee replacement surgeries. They give high praise to Dr. Scott, his team and the hospital staff for getting them back to an active life through the knee surgeries.

More recently, Mable wasn’t feeling quite right and Jim took her to the ORHC emergency room. Mable was diagnosed with a kidney infection and was admitted overnight to the medical/surgical floor. While there, Mable also began to experience shortness of breath and was taken to ICU for additional care and testing. Jim never left Mable’s side during the three day stay in the ICU.

“While Mable was in the ICU I found out that the hospital cafeteria was not open for breakfast on the weekends so I shared Mable’s food the first day. But on Sunday morning I was surprised to see our nurse Allison bringing me biscuits and gravy that she got on her way into work. I was so grateful that I asked if I could give a nurse a hug!”

After Mable was discharged the couple began the cardiac rehab program together. The program is part of Mable’s recovery plan and Jim is taking the program right alongside her for support and to experience the health benefits as well.

The Headleys said they tell all of their friends and family about the excellent and compassionate care at Ottumwa Regional Health Center. Jim and Mable, we are thankful to be a part of your ongoing health and well being!

